



## PARKLANDS

# BREAKFAST MENU

Due to current government guidance surrounding Coronavirus, we are currently unable to offer the usual buffet breakfast so we have the following options available.

## MENU:

### CONTINENTAL BREAKFAST

Croissant with Jam & Butter, cereal, milk carton & banana or apple.  
Cereal choices are - (Special K, Coco Pops, Frosties, Alpine Muesli or Weetabix)

### FULL ENGLISH

Sausage, bacon, black pudding, mushrooms, beans,  
grilled tomato, hash brown & scrambled eggs.

### VEGETARIAN BREAKFAST

Vegetarian sausage, beans, hash brown, grilled tomato & scrambled egg.

### PORRIDGE

Oats cooked with milk or water.  
All served with toast & preserves, hot beverage & fruit juice.

### BEVERAGES

Apple Juice, Orange Juice, Black Coffee, Espresso, White Coffee, Cappuccino, Mocha,  
Hot Chocolate, Hot Chocolate Milk, Tea English, Tea Fruit

#### FOOD ALLERGIES & INTOLERANCES:

*before you order your food and drinks please speak to our staff if you would like to know about our ingredients; we cannot guarantee that any food or beverage item sold is free from traces of allergens.*